

CONTINUING PROFESSIONAL DEVELOPMENT
NEW DIRECTIONS IN CBT

WEBINAR SERIES

Discover CBT for Psychosis: recovery is possible!

EVENT 9

USING CBT FOR GRANDIOSE AND BIZARRE BELIEFS

This webinar is for mental health professionals and for the interest of friends and families of those experiencing psychosis.

Key Learning Points

Understand what is meant by grandiosity and bizarre delusions and the potential function of these phenomena. Know how to deal with high levels of conviction, lack of self-awareness and the expression of strong affect. Understand key principles of identifying and reducing risk whilst working 'beneath' a bizarre delusion. Learn how to find the seed of truth at the heart of the delusion, reduce rumination, activate neglected strengths, work within the pre-psychotic period, process unexpressed emotions, and deal with conflict.

Teaching Modalities

Interactive Role Plays (70%) Didactic (30%)



Dr Douglas Turkington
World Renowned
Psychiatrist
MD, FRC, Psych



Dr Sara Tai
MSc, D.ClinPsy, CPsychol

NOVEMBER 26, 2021

14:00 to 17:00 GMT
9:00 to 12:00 EST

50% OFF - \$32.50 CDN
To receive your 50% discount, contact
linda@zlepnicbt.ca

Regular Price
\$65.00 CDN
(taxes/fees not included)

This Continuing Health Sciences Education Program is designated as a University of Ottawa Faculty of Medicine accredited event and awarded with the following credits: Royal College of Physicians & Surgeons of Canada 2.25 hours - Section 1.



For event/ticket details, visit zlepnicbt.ca